

Westside Regional Center
POST-EMERGENCY RESTRAINT REPORT (PERR)

In the event a restraint procedure was used to stop a consumer from harming themselves or other, continuous and dangerous behavior, a verbal Special Incident Report (SIR) is to be made within 24 hours of incident. A written SIR and this POST-EMERGENCY RESTRAINT REPORT (PERR) must be completed by the **Direct Support Professional (DSP)/Support Staff and Administrator** involved in the incident and returned to the regional center within 48 hours.

VENDOR NAME: _____ **VENDOR #:** _____

Consumer Name: _____ D.O.B.: _____

Date of Restraint: _____ UCI#: _____

To be completed by Direct Care Staff:

What caused staff to engage in the emergency restraint? (Check all that apply)

- Injury to Self Injury to Others Imminent Danger to Self Imminent Danger to Others
 Other (Explain) _____

Describe in detail the facts and circumstances leading to the use of the restraint (attach additional paper if necessary):

Emergency Protocol used during the emergency:

- Professional Crisis Management (PCMA) Professional Assault Crisis Training (ProAct)
 Crisis Prevention Institute (CPI) Nonviolent crisis Intervention Other _____

Identify and describe the type of techniques used during the incident:

- Transportation Techniques used (i.e. DSP/ staff moving the individual from one location to another, etc.)

Describe: _____

Restraint Techniques used

Describe: _____

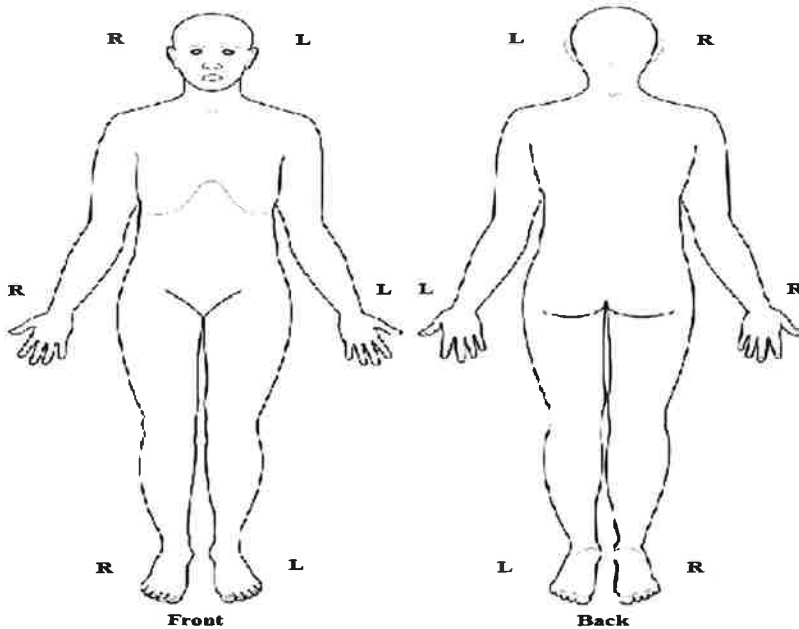
If a restraint technique was used, was a mat utilized prior to implementing the procedure?

Yes No (if no, explain)

***NOTE: If a restraint technique was used, an ID Team meeting will be required per H&S Code §1180.4**

What is the date of the meeting? _____

Please mark where the consumer was touched during the procedure



What types of de-escalation actions and/or techniques were used by staff member prior to the emergency restraint?

Is there a behavior plan in place for this consumer? Yes No Date of Behavior Plan: ____/____/____

Were the following post-crisis strategies performed, and what were the results?

Consumer was checked for any injuries, including minor injuries, that may have occurred and appropriate medical care was obtained if needed (explain details):

The environment was inspected and potentially dangerous items were removed or cleaned up, including items that may have been used as a weapon. (explain details):

Consumer was not able to return to appropriate activities after the emergency restraint (explain details):

Explain any, and all, post-crisis de-briefing techniques used related to the restraints:
This should occur within 24 hours between staff and supervisor and ID Team per H&S code 1180.4.

Consumer:

Identify Antecedent: _____

List alternatives to avoid escalation in future: _____

Staff Member (use additional page if more than one staff):

Identify Antecedent: _____

List alternatives to avoid escalation in future:

This report was completed by:

Signature: _____ Position or Title: _____

(Print Name) _____ Date: _____

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To be completed by Administrator:

How many individuals were involved in the crisis intervention? _____

Was all staff involved trained in the same crisis intervention protocol? Yes No

If yes, what was the date of the training for each staff member(s) involved?

Date Staff Member(s) were interviewed _____

Who developed the behavior plan for this consumer? (Name and credentials of individual)

Will the behavior plan be changed as a result of the emergency restraint used in this incident?

Yes No

What are the planned changes?

Did Staff member follow the protocol prior to incident? Yes No (If no, please explain)

Did Staff member follow the protocol after the incident? Yes No (If no, please explain)

Describe interactions between staff member and consumer post-restraint.

A copy of the Special Incident Report and this PERR report was provided to your agency behavior analyst or consultant. Yes No

Signature: _____ Position or Title: _____

(Print Name) _____ Date: _____

Date Report sent to Westside Regional Center: _____

Date report sent to Disability Rights California (DRC) per WIC§4659.2: _____